



TOGETHER, WE STAND  
STRONG & AWARE

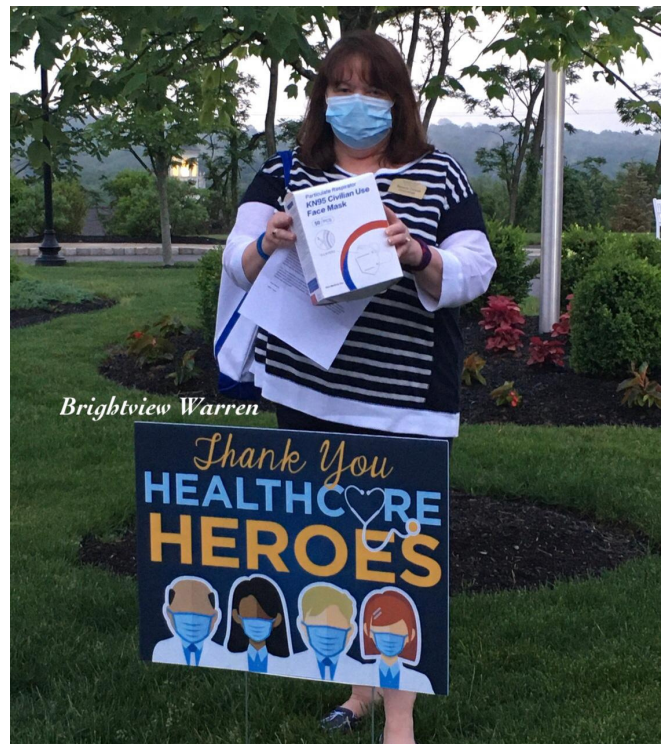
JULY 2020

## INSIDE

'Masking' the  
Pandemic

Health & Wellness  
Matters

How you can help  
#EveryBitCounts





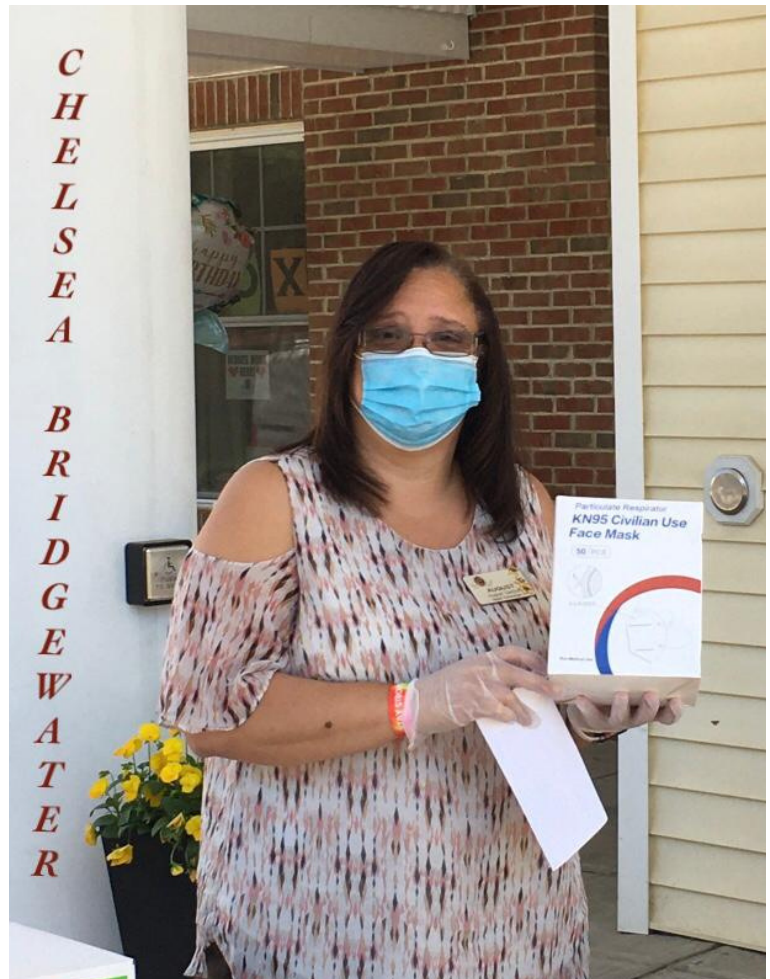
# Support with KN95 Masks

## Tireless efforts by our Youth Volunteers!

- Zufall Health, Somerset &
- Zufall Health, Morristown
- Brightview, Warren
- Stein Assisted Living, Somerset
- Spring Hills, Somerset
- The Chelsea @Bridgewater
- Avalon Assisted Living
- Morris View



(L to R) Arjun Agarwal, Aditya Agarwal, Dhruv Govil



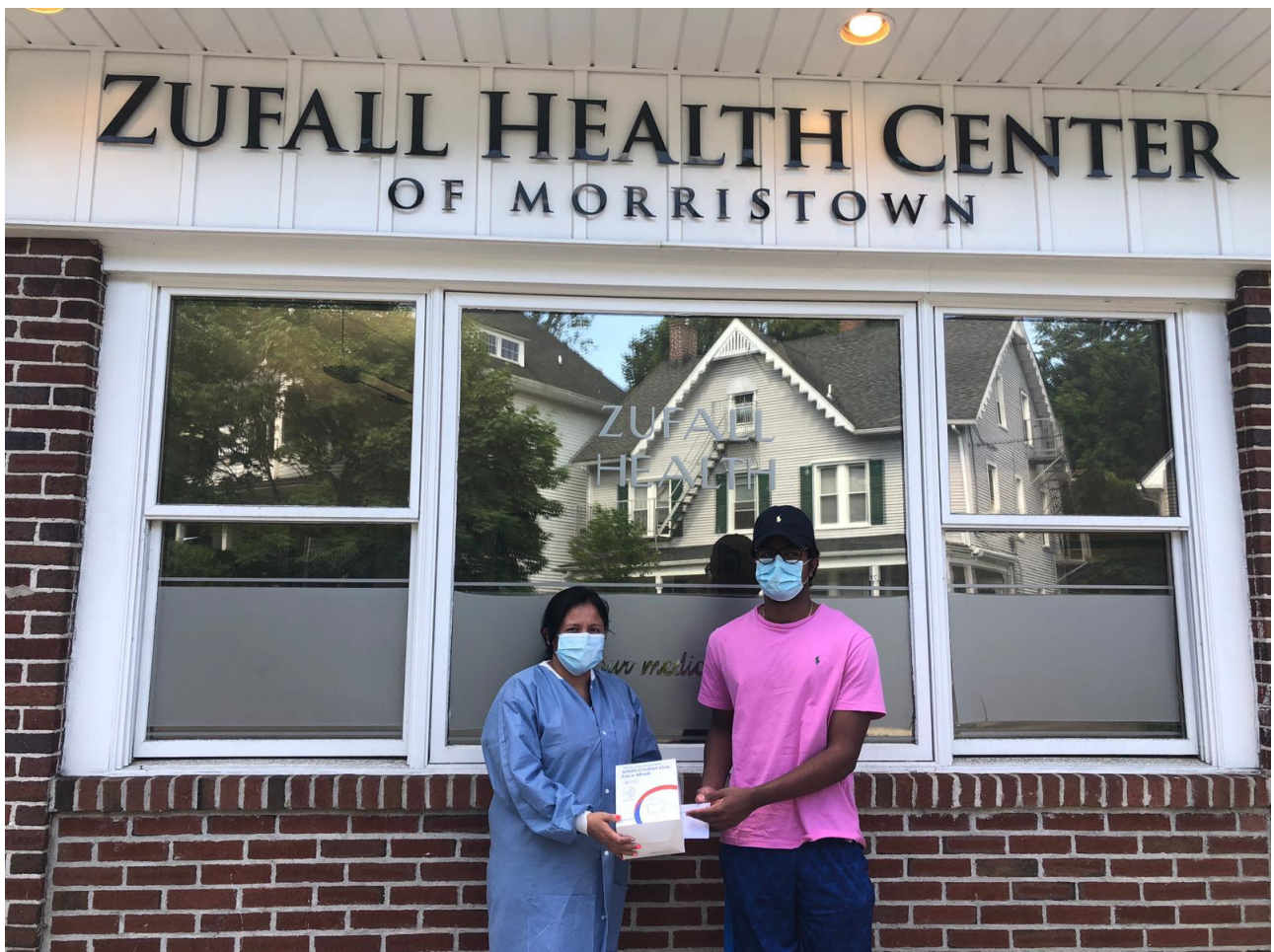


# More Centers for KN95 Masks

## A little help goes a long way!

(Continued...)

- Country Arch Care center
- Runnels Nursing home, Berkley Heights
- Complete Care, Paterson
- Agape House (Provided Food)



# An Informed Community stays Prepared...

## Support through Education

Expert Advice from Top Medical Practitioners  
and Wellness Pros

Webinars and Panel Discussions hosted &  
moderated by BRIC Members



**BASKING RIDGE INDIAN COMMUNITY**  
**PRESENTS**  
**A Panel Discussion on Mental Health Awareness**



**Subha Bolisetty**  
Program Coordinator

Wednesday  
June 24th,  
8-9 pm



**Dr. Komal Shah**  
Psychiatrist



**Beena Bhatcar**  
Program Coordinator



**Moderator**  
**Dr. Rajesh Rao**  
Summit Medical Group



**Rupeet Singh**  
Peer Engagement  
Specialist



**Basking Ridge Indian Community Celebrates**  
**International Yoga Day!**  
Monday, June 22, 7-8:15 PM



**JOIN VIA ZOOM**

**Roll Out A Mat In Your Backyard &  
Bring Your Enthusiasm**

**Instructor: Reena Singhvi**

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Participating  Studio

**Have insights & information that can benefit the community?**  
Contact BRIC to Present Virtually

# Let's fight this Pandemic together!

## How BRIC Works!

Entirely run by Volunteers  
Funded by Membership Fees  
Supported by Sponsorships & Donations



## How can you help out!

Volunteer with a Committee  
Help out with logistics & deliveries  
Donate and Mobilize  
Support & share our work

**DISTANCE**

MAKES US

**STRONGER**

**#StaySafe**